Resources and links from the Spotlight – Student Health and Wellness session

Session Date: Wednesday, December 1, 2021, 2-3pm PT

USC Student Health Contact Information

Student Health Website

Email: studenthealth@usc.edu

Phone: 213-740-9355

Wellness Dog

Mindfulness Classes

Student Organizations

Wellness Workshops

Thrive Course: OT 100 Foundations of Well-being

Family Right and Privacy Act (FERPA)

USC Student Health - Getting Started for Parents

Advanced Directives Information

Student Health Fees and Health Insurance Video

Student Health Insurance Waiver

Student Health Insurance General Information

Parents’ Thriving in College Booklet and Mental Health Services Guide

Health Insurance Portability and Accountability Act (HIPAA)

Student Health Center Online Chats